

2011 TOUR DE BIRCH

MOUNTAIN BIKE RELAY RACE

- DATE:** Wednesday, September 29, 2011
- OUTLINE:** *Tour de Birch* is a school mountain bike relay race open to all students from grade 3 to 12. The race event takes place at *Birch Ski Area* which is one of Manitoba's most thrilling mountain biking areas. The technical difficulty of the race has a novice and expert category. Teams can share bikes but are encouraged to have more than one bike in case of mechanical breakdown. Beverages, hotdogs and snacks will be available for sale on site.
- LOCATION:** Birch Ski Area, Roseisle, MB.
Birch Ski Area is located near Roseisle, MB approximately 27km west of Carman, MB. From Roseisle at the corner of PR240 & PR245 head 1 mile west along PR245 until you reach a blue sign marked "BIRCH SKI AREA" and turn left (southbound) onto *Road 40W*. Then continue straight for another 2 ¼ miles until you come to an intersection that has a white shed and turn right (westbound) onto *Road 32N*. Continue straight. Once you're up the big hill you'll find yourself in the Birch Ski Area parking lot.
- REGISTRATION:**
- On site between 9:30 am and 10:30 am.
 - Online registration available at www.birchmountainsports.com
- START TIME:** 11:00 am start
- ENTRY FEE:** \$12.00 per rider (student and teacher)
- AWARDS:** Medals for 1st, 2nd, and 3rd place finish in each team category.
- RACE FORMAT:**
- Each team must consists of a minimum 3 and maximum 4 riders.
 - Each team of 4 must complete 8 laps of the course with each rider completing two laps. For teams of 3, one rider must complete 2 laps and two riders must complete 3 laps.
 - Each time a rider completes a lap they must tag off to another member in the transition zone.
 - The team that completes all 8 laps first wins their race category.

Grade	Category			Technical Level	
	Female	Male	Mixed	Novice	n.a.
3 & 4	Female	Male	Mixed	Novice	n.a.
5 & 6	Female	Male	Mixed	Novice	n.a.
7 & 8	Female	Male	Mixed	Novice	Expert
9 & 10	Female	Male	Mixed	Novice	Expert
11 & 12	Female	Male	Mixed	Novice	Expert
Teachers	Female	Male	Mixed	Novice	Expert

SAFETY: All bikes must pass an on site safety inspection. There will be a bike technician on hand to do minor repairs if needed. Bikes that pass the inspection will be tagged with the appropriate course identification.

***** ALL RACERS MUST WEAR A CSA APPROVED BIKE HELMET. *****

***** RIDERS WITH NO HELMETS WILL NOT BE ALLOWED TO RACE. *****

For additional information please:

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Visit :: www.birchmountainsports.com

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REGISTRATION FORM

- Use a separate sheet for each grade, category and technical level.
- Copy extra sheets as required (DO NOT REDUCE PRINT SIZE)

School Coach or Adult Supervisor Information

The school *coach* or *adult* supervisor is a person 18 years of age or older in charge of the well-being of individual and team juvenile runners.

Coach or adult name: _____ **Phone no.:** _____

Team Information

- Category:** Male Female Mixed
- Technical level:** Novice (grades 3 to 12) Expert (grades 7 to 12 only)
- Grade:** 3 & 4 5 & 6 7 & 8 9 & 10 11 & 12 Teacher

- List team riders names below
- List your team(s) riders in groupings of 3 or 4 in the space provided
- Fill in only the first two column fields (i.e. TEAM NAME & RIDER'S NAME)

TEAM NAME	RIDER'S NAME	PLATE #	ORDER OF FINISH (OVERALL)			TEAM PLACING
			1 st Lap	2 nd Lap	3 rd Lap	
	1					
	2					
	3					
	4					
	1					
	2					
	3					
	4					